



## ***Program Summary***

***March 2018***

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### Involved Fathers

- ❖ *Destination...Dad™ applies a unique approach to inmate programming: increasing family connections with incarcerated fathers and empowering incarcerated fathers to become involved in the lives of their children.*



### Safer Communities

- ❖ *When incarcerated fathers understand the importance of their role as an active and involved father, they will demonstrate improved behavior while incarcerated and will be less likely reoffend after being released.*



### Valued Children

- ❖ *Christian Heritage believes that increased family involvement for incarcerated fathers will ultimately lead to better outcomes for children. When children know they are valued by their father they are more likely to be at home, in school, and out of trouble.*

## *What is Destination...Dad™?*

Involved Fathers  
Safer Communities  
Valued Children

Destination...Dad™ was launched in March of 2009 by Christian Heritage to restore the relationships between incarcerated fathers and their children with the belief that every child does better when a father is involved in her or her life. Destination...Dad™ is offered at all of Nebraska's state correctional facilities for men. In addition, Christian Heritage also offers instructional programming at the Nebraska Correctional Center for Women (NCCW). Destination...Dad™ received support from the State Legislature through LB 483 in 2013.

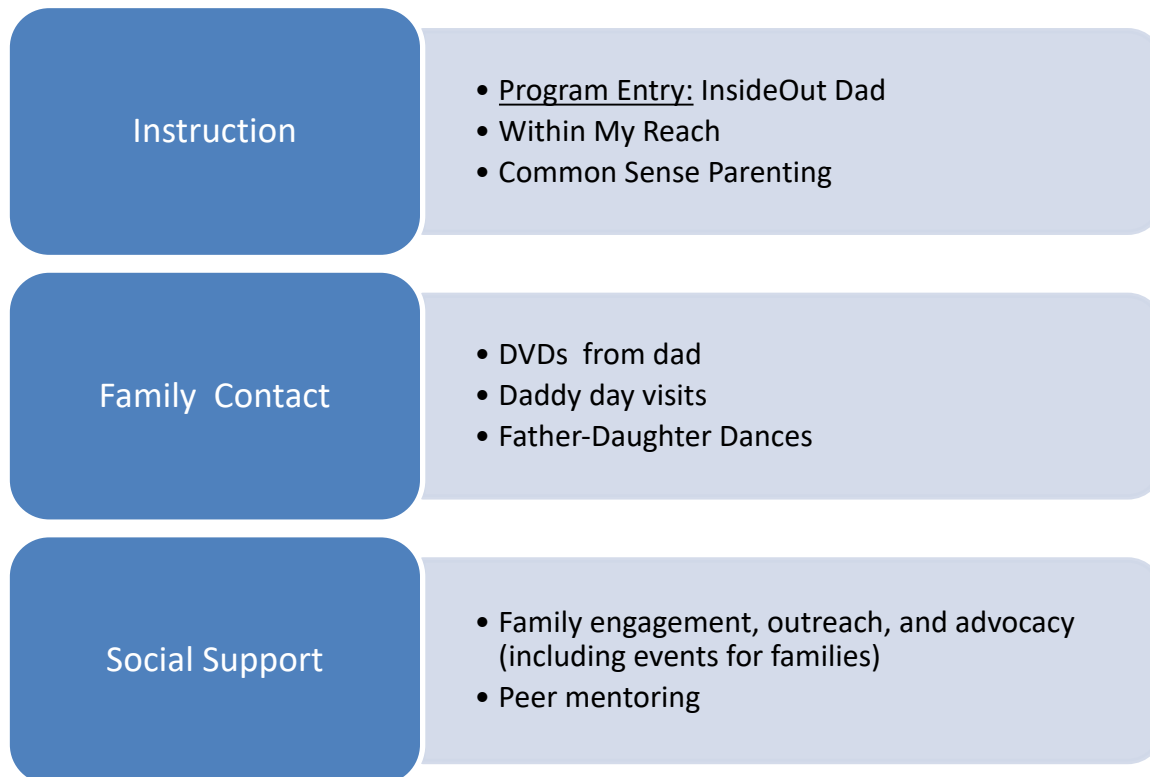
"Thank you for giving our children the opportunity to bond with their fathers."

- Mother of the children of a Destination...Dad™ participant

Destination...Dad™ is a multi-component model that bundles evidence-based/evidence-informed programs and strategies within the areas of instruction, family contact, and social support (Figure 1). For more information on the components of Destination...Dad™ go to:

[www.chne.org/family\\_outreach/](http://www.chne.org/family_outreach/)

**Figure 1. Components of Destination...Dad™**



## *Who is impacted by Destination...Dad™?*

Christian Heritage believes that Destination...Dad™ will ultimately have significant impacts beyond empowering incarcerated men to become involved fathers. The ultimate goal of Destination...Dad™ is to positively impact the lives of the children whose fathers are incarcerated. Christian Heritage believes that when children have a healthy connection to their father, they are more likely to be at home, in school, and out of trouble. In turn, these restored family connections will ultimately create safer communities.

"Being a father means everything to me because I grew up without a father and I made a vow to myself and my family that I was going to be the best father I can be."

- Destination...Dad™ participant

Figure 2 below diagrams the three main headings of the Destination...Dad™ vision: involved fathers, valued children, and safer communities. Currently Christian Heritage is in the early phases of gathering data to prove an impact in these three areas.

**Figure 2. The Impact of Destination...Dad™**



## *Program Standardization and Enhancement*

On December 1, 2013, the Nebraska Department of Correctional Services (NDCS) and Christian Heritage signed Contract #58601-04 and formed a binding partnership to educate and equip incarcerated fathers with the knowledge, skills, and family engagement opportunities to become better parents. In the ensuing seven months, every component of Destination...Dad™ was evaluated and, if needed, retooled or discarded. In addition, many procedures were standardized within a newly created Destination...Dad™ Handbook, and NDCS Administrative Regulation 106.03 Inmate Parenting Program was revised and updated. The ultimate goal of these revisions is to create program fidelity and to allow Christian Heritage to take on more responsibility in administering the parenting program within NDCS.

"To me, being a father means raising my son to know the value of morals. Being a father means I need to tell my son how much I love him as often as I can and spend as much time with him as I can plus more. I need to do everything in my power to stay out of prison and raise my son."

- Destination...Dad™ participant

Beginning July 1, 2014, Christian Heritage began implementing a new, improved, and standardized model of Destination...Dad™. Some significant changes in programming included:

- Using evidence-based curriculum for all programming
- Redesigned PowerPoints and curriculum changes to ensure program fidelity
- Seven week class schedule to increase the number of dads able to participate
- Waiting lists and class selection administration transferred to Christian Heritage as opposed to NDCS
- Family engagement training as a priority in all three classes with the hope of better equipped participants, managed expectations of dads and more successful family interactions

Unquestionably, these enhancements to the program have been successful. More dads are participating in Destination...Dad™ than ever before (see Figure 3 on the next page). Program participants are also completing the program more quickly as a result of these changes. Prior to July 1, 2014, it took men an average of 53 days to complete a Destination...Dad™ class. After the program enhancements were made, dads were able to complete all a class in an average of 35 days. In addition, more requests for Parent-Teacher Skype Conferences have been made by program participants, indicating an increase in the desire of fathers to be more involved in their children's lives.

Centralization of the waiting lists administered by Christian Heritage has produced more transparency and efficiency in selecting classes for the upcoming sessions. This approach has enabled Christian Heritage to maximize its resources and fill each class to the maximum amount of students available at each institution. Better tracking and communication with NDCS parent facilitators has improved Christian Heritage's ability to follow dads in the program as they transfer from facility to facility, allowing the dads to be placed into class right away after being transferred, many times without missing a class session.

## Destination...Dad™ Participants

*Note: unless otherwise noted, data throughout this report are displayed by the state fiscal year (July 1 through June 30).*

### Participants' Background

Beginning with the standardization of the program in July 2014, Christian Heritage began requiring potential program participants to complete an application to the program. The vast majority of these applicants will eventually become participants in Destination...Dad™. Included on this application are some key questions about the background of the individuals.

The vast majority of participants will be (or already are) out of the correctional system in the near future, as evidenced by the fact that the median time until parole eligibility is two years (Table 1).

<b>Table 1</b>	<b>Time until parole eligibility of Destination...Dad™ Applicants (July 2014 – January 2018)</b> (n=1,388)						
<b>Past parole eligibility date</b>	<b>Less than 1 year</b>	<b>1-2 years</b>	<b>3-4 years</b>	<b>5-10 years</b>	<b>More than 10 years</b>	<b>No parole eligibility</b>	<b>Median time until parole eligibility*</b>
11.1%	23.8%	28.4%	12.6%	10.7%	9.7%	3.7%	2 years

\*Not inclusive of those past parole eligibility or those with no parole eligibility.

Destination...Dad™ participants have varied backgrounds, with relatively high rates of being placed in foster care, being detained as a juvenile, and having parents who served in jail and/or prison. Nearly all participants have biological and/or step-children, and among those who have biological children, 90% have their parental rights intact (Table 2).

<b>Table 2</b>	<b>Background of Destination...Dad™ Applicants</b> (July 2014 – January 2018)
<b>Average age of applicant:</b> 32.6 years (n=1,435)	
<b>Ever placed in foster care as a child:</b> 23.5% (339 out of 1,442)	
<b>Detained as a juvenile:</b> 57.3% (782 out of 1,363)	
<b>Either parent served jail and/or prison time:</b> 47.9% (695 out of 1,452)	
<b>Have biological and/or step-children:</b> 92.6% (1,350 out of 1,458)	
<b>Parental rights are intact*:</b> 89.7% (1,089 out of 1,214)	

\*Among those with biological and/or legally adopted children

“Being a father means being able to help my daughter grow into an awesome adult with the tools she needs to be a positive adult and the ability to love my future grandkids. And letting her know I love her no matter what happens on her life.”

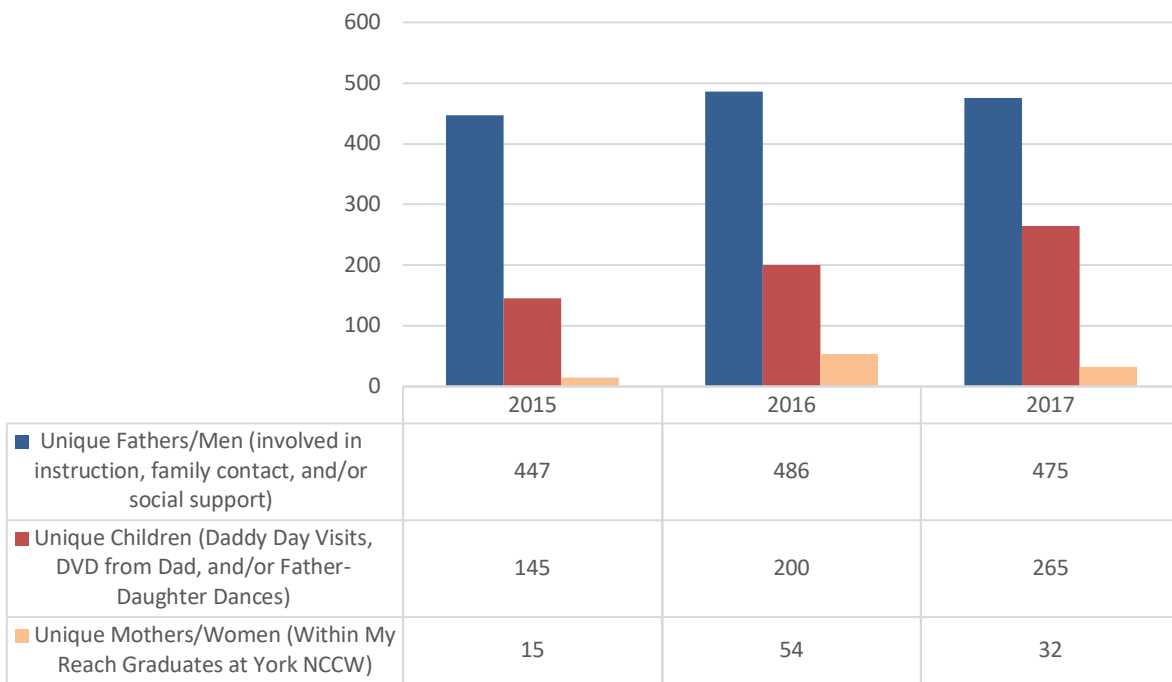
- Destination...Dad™ participant

## Unique Participants

Entry into the Destination...Dad™ program begins upon graduation of the InsideOut Dad class. After completing this class, participants are eligible to participate in the variety of other instructional, family contact, and family support activities outlined above on page 1. On average over the past three years, there have been 469 unique fathers/men participating in at least one Destination...Dad™ program element each year. The number of unique children directly participating in programming through Daddy Day Visits, DVD from Dad, and/or Father-Daughter Dances has increased from 145 in 2015 to 265 in 2017. It is important to note that many other children are reached indirectly as a result of their father participating in Destination...Dad™. Lastly, Christian Heritage also offers the Within My Reach class to women at York NCCW.

Figure 3 below details the number of unique participants over the past three years.

**Figure 3. Unique Destination...Dad™ Participants**



**Barriers to Programming:** In 2017, due to typical barriers to service delivery working with an inmate population there were multiple classes cancelled. Destination...Dad™ numbers remained fairly constant in spite of that thanks to a great partnership with the Department of Corrections.

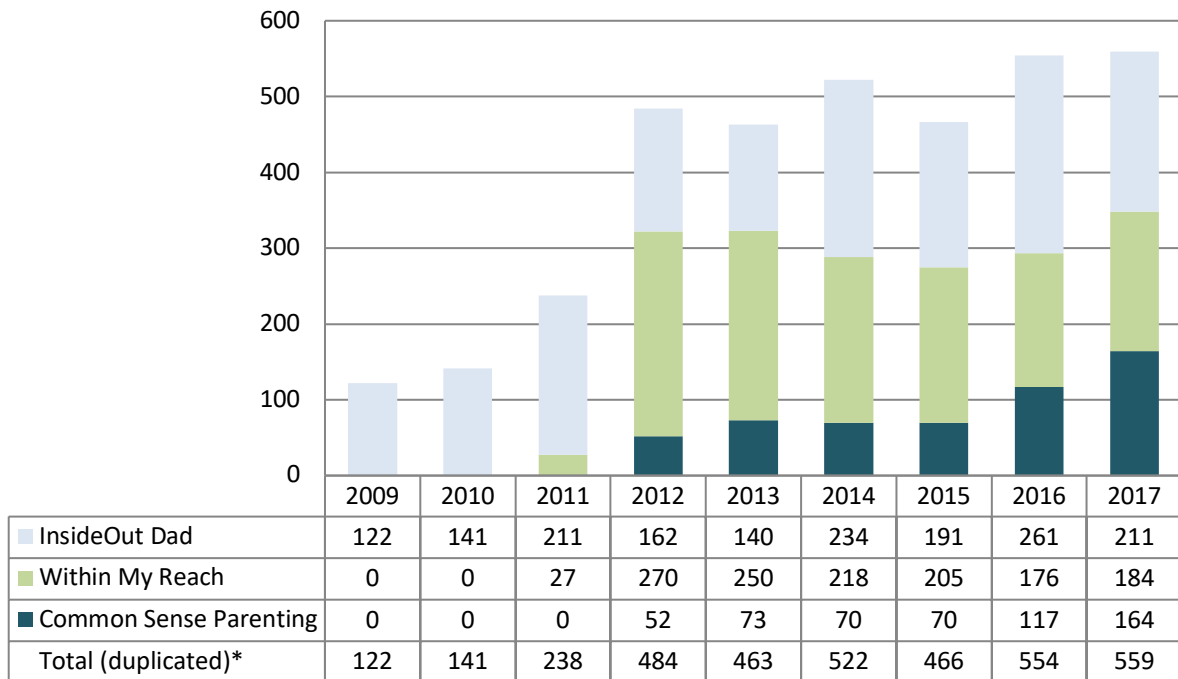
"Being a father means to be there for my kids. To protect them from danger and to keep them safe. To be the strong rock they can run to and hide behind when they are scared or talk to when they have problems. To make them laugh when they are sad or crying. To teach them right from wrong, so they can have a better and fuller life than I did when I grew up."

- Destination...Dad™ participant

## Destination...Dad™ Instruction

Since its beginning in 2009, Destination...Dad™ has considerably expanded the reach of its instructional programming. The program began by offering only InsideOut Dad (a parenting skills class) in 2009, then added Within My Reach (a relationship skills class) in 2011, and Common Sense Parenting (a more advanced parenting skills class) in 2012. In 2017, Destination...Dad™ reached the most participants in a single year in its history (Figure 4). Note that duplication occurs in the figure below for those participants who took more than one class, which is the majority of participants.

**Figure 4. Destination...Dad™ Participants by Instructional Program**



\*Duplication occurs in the total count as participants are able to take all three classes.

In addition, Christian Heritage has provided the Within My Reach class to a total of 189 women at NCCW from 2009 through 2017.

"The class made me look at myself and showed me where I made mistakes in my past relationships. The class taught me how to have a successful and fulfilling relationship with my partner and my children."

"This class allowed me to learn more skills to becoming a better father, and with the facilitators' own experience with children it made it better. I really enjoyed the class."

- Destination...Dad™ participants

## Destination...Dad™ Family Contact

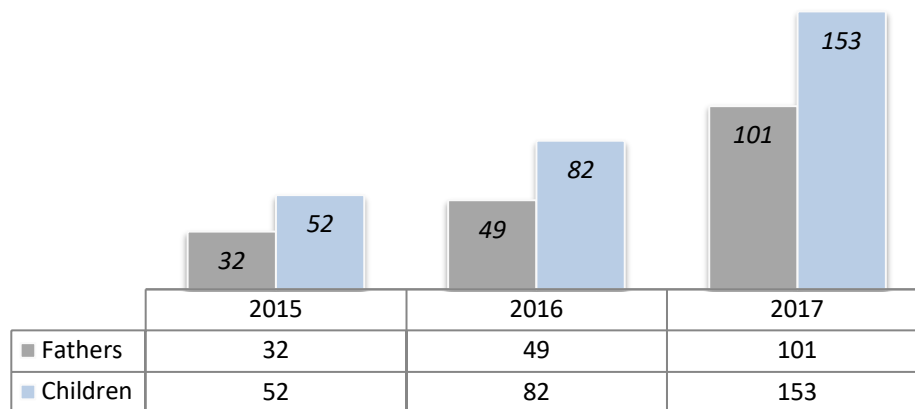
### Daddy Day Visits

After successfully completing InsideOut Dad™, dads may participate in monthly Daddy Day Visits. These are two-hour special visits for the men and their children. Over the past three years, the number of fathers and children participating in Daddy Day Visits has increased threefold (Figure 5).

“The ‘Daddy Day’ program offers hope that the familial bonds strengthened during our inmate’s incarceration will help deter him from acting in his old ways upon release.”

- Mother of the children of a Destination...Dad™ participant

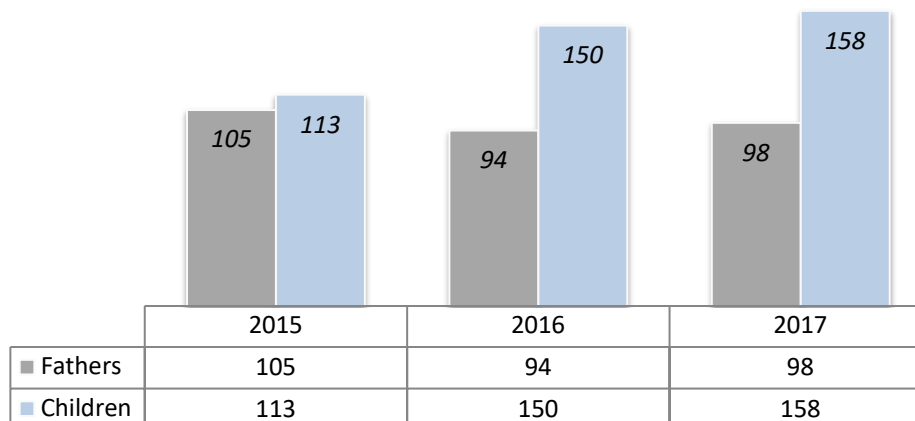
**Figure 5. Daddy Day Visit Participants**



### DVD from Dad

Fathers (as well as mothers) have the opportunity to be video-recorded while reading a book to their child(ren). DVDs are created, edited, and sent twice yearly at Mother’s/Father’s Day and at Christmas. Approximately 100 DVDs have been completed by fathers each year over the past three years (Figure 6).

**Figure 6. DVD from Dad Participants/Recipients**





## Father-Daughter Dances

During the 2017 fiscal year, two father-daughter dances were organized by the Destination...Dad™ program. A dance at OCC was held in February and was attended by 16 fathers and 18 daughters. A second dance at TSCI was held in May and was attended by 13 fathers and 14 daughters. Additional dances were held in the second half of 2017 (i.e., 2018 fiscal year). Below are some pictures from the dance at TSCI.

"I would like to change everything."  
- Destination...Dad™ participant



## **Family Success Stories**

Mothers and caregivers of Destination...Dad™ participants have provided testimonials about how the program has impacted their families. Some of their responses are displayed throughout this report. Below are some more detailed “success stories”.

- "This program offers hope and the ability to maintain a family relationship within an otherwise very dark facility that overall puts the feelings of the inmates and their families as an extreme bottom priority. Working with Christian Heritage has been a pleasure that includes caring and professional individuals doing right by families. We have been blessed for the opportunity to be a part of something positive!"
- "This program is amazing it has built a stronger relationship between the two involved. My grandson looks so forward to this visit and is truly bummed if we have to miss it. The outside support program is great as well! This group is always there to help they care so much!"
- "I think your program is wonderful. If not for this program some children may not get to see their fathers and build a bond with them. My child is much happier due to seeing her dad and looks forward to the visits."
- "Our children have been able to remain in and have an established relationship with their father. The classes and daddy days have helped him be an involved parent with school and outside life for our children. It also gives the fathers hope for a better future between the children and themselves"
- "The 'Daddy Day' program impacted both my son and myself significantly. Regarding my Son, he was able to bond and connect with his father in a meaningful way during the Daddy Day hours. His father had more freedom to play and interact with my Son during those times, which was critical at my son's young age. The hours they spent together during this program were quality time that facilitated bonding and enriched my son's day. I was impacted because this program afforded me the peace of mind that my son would be forming a bond with his father, an element of childhood that is critical."

## *Destination...Dad™ Social Support*

In addition to organizing peer-to-peer mentoring for incarcerated fathers, an important aspect of the Destination...Dad™ Social Support programming is family advocacy. A major part of family advocacy includes hosting four events per year. These events include a Christmas party where all of the children receive gifts and a Fall party where winter coats, gloves, and hats are given to the children. In addition to these events, Christian Heritage's family advocates work alongside families on a case-by-case basis to provide needed problem-solving, insights into communication and parenting difficulties, and assistance building a support system and seeking out resources.

"You will be blessed for your outreach. You have not only helped my [incarcerated] son's relationship with his son but our relationship with both of them also."

- Grandmother and caregiver of the child of a Destination...Dad™ participant



**Christian Heritage serves approximately 30 unique families each year through its family advocacy programming.**

## Preliminary Department of Corrections Data

### Overview of Destination...Dad™ participants

The data presented below reflect the 929 Destination...Dad™ participants<sup>1</sup> who completed at least one class under the standardized program curriculum between July 1, 2014 and November 30, 2017.<sup>2</sup> The dads can be divided into three tiers, based on their progression through the Destination...Dad™ curriculum:

“Being a father has given me a chance to teach my kids what my father never taught me.”

- Destination...Dad™ participant

1. Tier 1 dads have completed the Inside-Out Dad class.
2. Tier 2 dads have completed Inside-Out Dad and Within My Reach.
3. Tier 3 dads have completed all three courses: Inside-Out Dad, Within My Reach, and Common Sense Parenting.

Table 3, below, shows the number of dads in each tier, as well as the average length of time<sup>3</sup> for dads to begin the Destination...Dad™ curriculum and successfully complete the last class in their respective tiers.

**Table 3: Distribution of Dads, by Program Tier**

<u>Tier</u>	<u>Last Class Completed</u>	<u>Count of Dads</u>	<u>Average Time in Program</u>
1	Inside-Out Dad	378	52 days
2	Within My Reach	194	204 days
3	Common Sense Parenting	357	297 days

### Approved Parole Living Arrangements

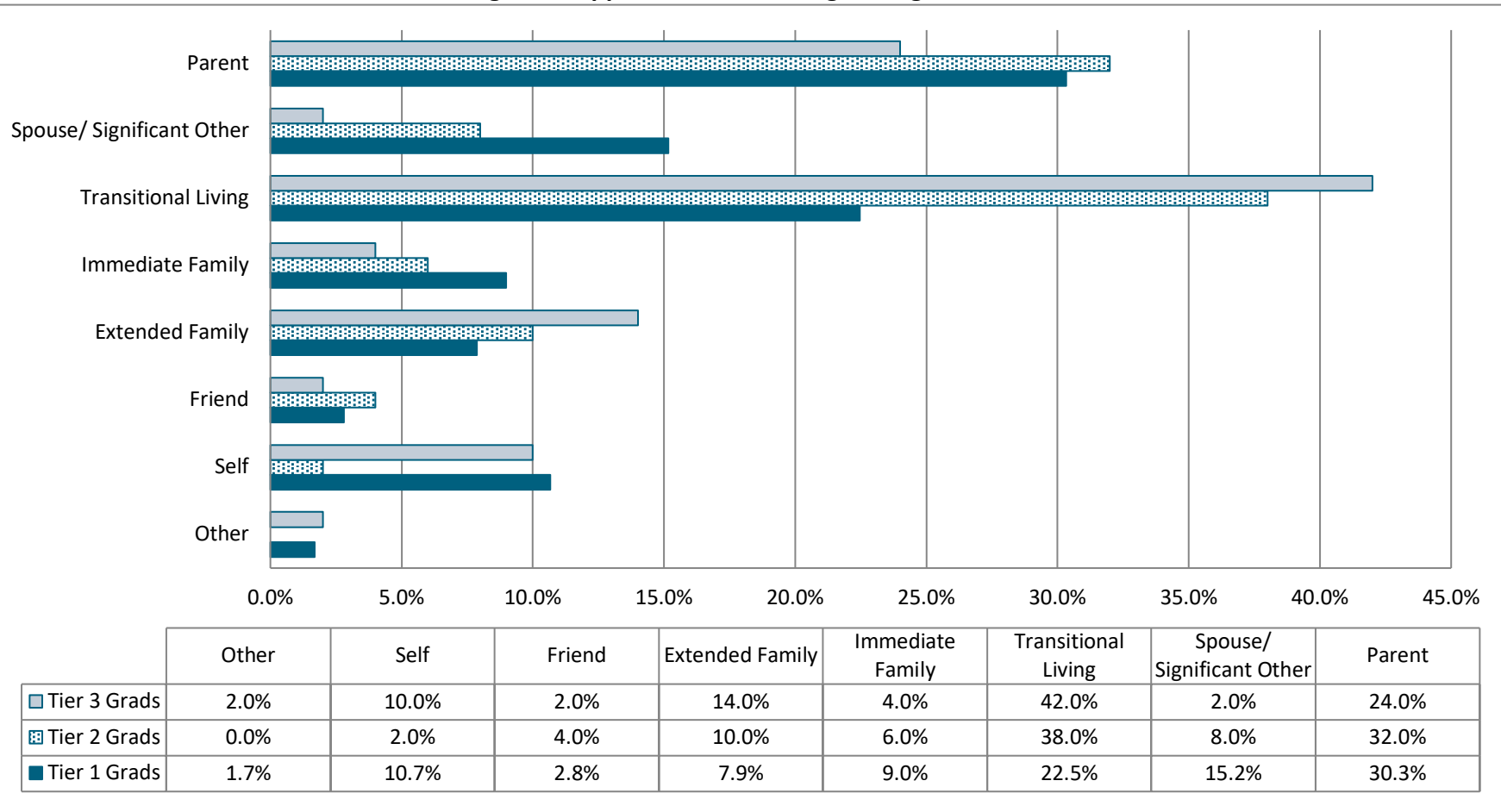
Before people can be paroled from NDCS, their living arrangements must be reviewed and determined to be appropriate. Of the 929 dads represented in this report, 278 (33.3%) paroled after completing their Destination...Dad™ program tier and had an approved parole plan. Figure 7, below, shows the relationship of the person each dad was approved to live with upon his release from NDCS. Overall, 161 of the 278 dads paroled (58%) were approved to live with a family member. The proportion of parolees living with family members decreased as dads moved up through the Destination...Dad™ tiers (62% of Tier 1 dads, 56% of Tier 2 dads, and 44% of Tier 3 dads). This decrease in parole to family members corresponds to an increase in the percentage of dads paroling to transitional living facilities (22.5% of Tier 1 dads, 38% of Tier 2 dads, and 42% of Tier 3 dads).

<sup>1</sup>Dads were excluded from the sample if they did not take all components of the Destination...Dad™ program through the standardized curriculum, and/or if their participation records contained data entry errors (e.g., program end date occurred before program start date, program start and end date are the same and the dad has an outcome of “satisfactory completion”).

<sup>2</sup> November 30, 2017 was chosen as the cut-off point for the sample to allow for an eight week post-program follow-up period for each participant at the time of the report.

<sup>3</sup> The average length of time may be affected by outliers who are in the program for above or below average amounts of time. These outlier cases may be caused by dads who went through courses multiple times, dads who took breaks between classes, and/or discrepancies in data entry. Further details about the distribution of dads by actual time in programming are provided in Appendix A.

**Figure 7: Approved Parole Living Arrangements**



**Parent:** mother, father, step-parent, foster or adoptive parent

**Spouse/Significant Other:** girlfriend, fiancée, spouse, wife, child's mother

**Transitional Living:** ½- or ¾-way house, in-patient, recovery house, residential treatment, transition house, treatment center

**Immediate Family:** sister, brother, son, daughter

**Extended Family:** aunt, uncle, cousin, grandparent, niece, nephew, generic "family" entry

**Friend:** friend, family friend

**Self:** self, landlord

**Other:** in-laws, employer, manager, pastor, sponsor

### Guilty Misconduct Report Charges

Table 4 below, shows the total number of guilty misconduct report (MR) charges issued to dads before, during, and after their participation in the Destination...Dad™ program. The pre- and post-program evaluation period for misconduct report charges was set at either weeks to match the length of each Destination...Dad™ class schedule. While a higher proportion of dads in Tier 2 and 3 appear to have received MRs during programming, and to have received more MRs, these individuals were exposed to the program for a longer duration and had more opportunities to be found in violation of NDCS rules. No significant differences in MRs exist when comparing the 8-week pre- and post-programming periods. Appendix B provides further breakdowns of the pre-, during, and post-programming misconduct report charges for dads, by class. Class 1 charges encompass the most serious types of rule violations within NDCS (e.g., assaults, escape, drug/alcohol use), while Class 3 charges encompass the least serious (e.g., possessing/receiving unauthorized articles, violation of regulations, selling/loaning/giving items to others).

**Table 4: Misconduct Report Information by Time in Program**

Tier	# Dads in Tier	<u>Pre-Program</u>				<u>During Program</u>				<u>Post-Program</u>			
		# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad
1	378	133	35.2%	291	2.19	114	30.2%	339	2.97	134	35.4%	354	2.64
2	194	67	34.5%	180	2.69	106	54.6%	544	5.13	61	31.4%	171	2.80
3	357	128	35.9%	261	2.04	234	65.5%	1388	5.93	119	33.3%	251	2.11

### Daddy Day Visits

Daddy Day Visits are an important component of the Destination...Dad™ program, and help fulfill the three components of the Destination...Dad™ vision: involved fathers, valued children, safer communities. Once dads have successfully completed the Inside-Out Dad class, they are eligible to receive special 2-hour visits with their children each month, in addition to their normal visiting schedule.<sup>4</sup> Of the 929 dads in this report, 103 (11.1%) had at least one daddy day visit after completing Inside-Out Dad. The average number of Daddy Day Visits was 3.3 per dad, and seven dads have participated in 10 or more!

**Table 5: Daddy Day Visit Details**

<u>Tier</u>	<u>Last Class Completed</u>	<u>Dads in Tier</u>	<u>Dads with Visits</u>	<u>Average # of Visits</u>
1	Inside-Out Dad	378	17 (4.5%)	2.06
2	Within My Reach	194	21 (10.8%)	2.57
3	Common Sense Parenting	357	65 (18.2%)	3.89

"I enjoyed everything about the class, the facilitators were as involved with everyone and really explained the importance of parenting and being involved with the children, and the other parent."

"This class challenged me to think about the role and actions I take in my child's life."

"The class opened my eyes and made me see things in different, mature ways."

- Destination...Dad™ participants

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<sup>4</sup> In addition to completing the Inside-Out Dad course, both NDCS and the child's primary caregiver must give permission for the Daddy Day Visit to occur.

## **Appendix A – Distribution of Dads in Programming by Days**

**Table A.1 – Tier 1 Dads**

# of Days	Count of Dads
19-30	23
31-40	29
41-49	286
50-100	31
100-365	6
366+	3

The optimal length of time for dads to complete Tier 1 is between 42 and 49 days (6 to 7 weeks of active class participation).

**Table A.2 – Tier 2 Dads**

# of Days	Count of Dads
85-105	43
106-150	36
151-200	56
201-365	39
366-730	18
730+	2

The optimal length of time for dads to complete Tier 2 is between 98 and 105 days (8 weeks of enrollment for Inside Out Dads, plus 6 to 7 weeks of active class participation in Within My Reach).

**Table A.3 – Tier 3 Dads**

# of Days	Count of Dads
117-161	12
162-170	80
172-200	50
201-250	69
251-300	43
301-400	21
401-500	27
501-600	32
601-730	14
730+	9

The optimal length of time for dads to complete Tier 3 is between 154 and 161 days (8 weeks of enrollment, each, for Inside Out Dads and Within My Reach, plus 6 to 7 weeks of active class participation in Common Sense Parenting).



## **Appendix B – Distribution of MRs by Class**

Note: Dads who received multiple misconduct report charges may be counted in more than one table, below.

**Table B.1 – Class 1 Misconduct Report Charges**

Tier	# Dads in Tier	Pre-Program				During Program				Post-Program			
		# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad
1	378	6	1.6%	7	1.17	12	3.2%	14	1.17	10	2.6%	13	1.30
2	194	9	4.6%	10	1.11	14	7.2%	28	2.00	13	6.7%	15	1.15
3	357	9	2.5%	11	1.22	37	10.4%	69	1.86	19	5.3%	21	1.11

Class 1 MR charges include: murder, mutinous actions, assault, possession or manufacture of dangerous contraband, escape, work stoppage/work strike, interference with or refusal to submit to a search, drug or intoxicant abuse, escape paraphernalia, destruction of property over \$500, extortion, sexual assault, and animal cruelty. Not all of these charges are represented by the dads in this sample.

**Table B.2 – Class 2 Misconduct Report Charges**

Tier	# Dads in Tier	Pre-Program				During Program				Post-Program			
		# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad
1	378	51	13.5%	82	1.61	41	10.8%	84	2.05	56	14.8%	100	1.79
2	194	30	15.5%	44	1.47	55	28.4%	153	2.78	30	15.5%	52	1.73
3	357	46	12.9%	64	1.39	139	38.9%	404	2.91	44	12.3%	61	1.39

Class 2 MR charges include: bribery, drug paraphernalia, sexual activities, destruction of property valued between \$100 and \$500, disobeying an order, forgery or possession of forged documents, theft, use of threatening language or gestures/fighting, gambling or promoting gambling, unauthorized areas, improperly handling funds, improper use of transportation, failure to report law enforcement contacts, failure to work, medication abuse, mutilation of self or others, tattoo activities, gang/security threat group activity, false reporting, violation of passes or furloughs, and possession of unauthorized electronic communication devices. Not all of these charges are represented by the dads in this sample.

**Table B.3 – Class 3 Misconduct Report Charges**

Tier	# Dads in Tier	Pre-Program				During Program				Post-Program			
		# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad	# Dads with Guilty MR Charges	% Dads with Guilty MR Charges	# Guilty MR Charges	Average Charges per Dad
1	378	109	28.8%	202	1.85	104	27.5%	241	2.32	114	30.2%	241	2.11
2	194	56	28.9%	126	2.25	93	47.9%	363	3.90	49	25.3%	104	2.12
3	357	104	29.1%	186	1.79	212	59.4%	915	4.32	92	25.8%	169	1.84

Class 3 MR charges include: flare of tempers/minor physical contact, destruction of property under \$100, possessing or receiving unauthorized articles, swearing/cursing/use of abusive language or gestures, tobacco products, selling/loaning/giving items to others, violation of sanctions, violation of any signed program agreement, sanitation, disruption, violation of regulations, and misuse of a computer. Not all of these charges are represented by the dads in this sample.

## Retrospective Survey Results

As of in July 2017, a retrospective survey is being piloted in place of the previously used pre-post surveys. Instead of receiving a survey at the beginning and end of a class, participants receive one survey at the end of class and are asked to reflect on where they were at the beginning of the class and where they are now. Presented below is a selection of some interesting data from the new retrospective surveys. Destination...Dad™ participants have reported strong improvements in family contact and relationship and parenting skills and attitudes (Table 6). It is important to note that the number of surveys collected still remains fairly small at this point.

**Table 6. Retrospective Survey Results (July 2017 through December 2017)**

		<b>Before Class</b>	<b>After Class</b>
<b>InsideOut Dad</b>	Quality of relationship with child(ren) is good or very good.* [n=59]	69.5%	89.8%
	I know how my child(ren) do in school.° [n=53]	56.6%	77.4%
	I believe I can make a positive impact on the life/lives of my child(ren) even while locked up.° [n=57]	74.9%	94.6%
	I am open to changing myself.° [n=60]	85.0%	98.3%
<b>Within My Reach</b>	I feel confident in my ability to choose a trustworthy, dependable partner.° [n=45]	53.3%	97.7%
	I am aware of communication danger signs in a relationship and what steps to take to change those patterns.° [n=42]	40.5%	92.9%
	I feel good about my prospects to make a relationship work for a lifetime.° [n=45]	58.1%	93.0%
	Having sex with someone is a decision that should be given a lot of thought.° (n=44)	43.2%	90.9%
<b>Common Sense Parenting</b>	I am in control of my emotions.° [n=32]	56.3%	93.8%
	I have the skills to build healthy, strong relationships with my children.° [n=32]	75.0%	100%
	I know how to discipline my children without getting angry and upset.° [n=32]	50.0%	100%
	I praise my child's good behavior often.° [n=275]	68.8%	100%

\*Response options: very bad, bad, okay, good, very good

°Percentage who indicate they agree or strongly agree (response options: strongly disagree, disagree, unsure, agree, strongly agree).

"Being a father is a privilege that I will do my best at. I will continue to learn in order to provide the best environment for my children to grow and be productive."

"Being a father means stepping up and being the very best person I can be even when no one is around. Providing, supporting, taking responsibility, and being a man."

- Destination...Dad™ participants

## *"On Being a Father" – Quotes from Participants*

Destination...Dad™ participants are asked at the beginning and end of the two parenting classes (InsideOut Dad and Common Sense Parenting) to describe what being a father means to them. Many of their responses are displayed throughout this report. Below is a selection of some more powerful testimony from Destination...Dad™ participants on what being a father means to them. All of these responses were given after completing either InsideOut Dad or Common Sense Parenting.

### ***What does being a father mean to you?***

- Being a father means everything to me, because my dad wasn't there for me like he should have been, so I definitely want to be there for my kids
- To be responsible, accountable, dependable, also teach them about life, God and how to pursue happiness.
- That you chose to engage in an adult situation. You were focused and mature enough to procreate with knowledge and information to raise a child in a comfortable, responsible loving relationship.
- Being responsible, knowing how to communicate with child and mother. Sharing ideas to build a lasting and prosperous relationship.
- Passing the knowledge and skills on to my son so he will be a good person and a successful and productive member of society.
- It means everything. It means teaching and helping my son to grow into a good man.
- It means you have taken the responsibility to raise a child together and you will be positive and encourage what is best for the child.
- It means being there when needed and taking care of my family and being caring, kind, and passionate.
- Means creating a positive environment, with culture, learning, activity, and care for my family and friends. Enabling my son to grow into the best person he can be and continuing the family and friend circle. Being a stable, looked up to person by all around me.
- Being a person your children can count on in any situation good or bad at any time and have everlasting love and understanding.
- Be loving, good role model, good listener, teacher/guide, understanding, instill morals and values.
- A guardian that leads by example.
- Being able to properly prepare my children for the world and their future by providing a loving and disciplined atmosphere for them to grow in.
- It is the most important job in the world to me. I wouldn't trade it for anything. I love being a parent.
- A stable role model in a child's life. Financially Supporting.
- Providing children with a better life than you had, be the best role model you can be.
- It's the greatest blessing God ever gave me.

**Christian Heritage**  
***Destination. . . Dad™ Correctional Program***  
**Program Logic Model**

**Program Goal:** Increasing family engagement will improve outcomes for program participants in the correctional system and improve outcomes for children.

**Long-term Impact:** Reduction of inter-generational incarceration.

**Project Goal:** Research provides evidence of effectiveness and results in expected outcomes and ultimately the program is designated as an evidence-based program for correctional systems.

Resources/Inputs	Activities/Strategies	Outputs	Outcomes	Data
<p>Staff trainers for classes and program implementation</p> <p>Staff person as NE Dept of Correctional Services Liaison</p> <p>Program Manual Developed</p> <p>Collaboration with Correction Facilities for Program</p> <p>Community Partners and Resources</p> <p>Evaluator/Researcher to conduct Evidence-based Program Research</p>	<p>Expand the program to more inmates within 4 correctional facilities</p> <p>Communicate and coordinate program with agencies/ organizations</p> <p>Recruitment of participants</p> <p>Implement program components:</p> <ul style="list-style-type: none"> <li>• InsideOut Dad (gateway to other programs)</li> <li>• Within My Reach</li> <li>• Peer Mentoring Meetings</li> <li>• Common Sense Parenting</li> <li>• Daddy Day Visits</li> <li>• DVD from Dad</li> <li>• Family Mentoring</li> <li>• Family Action Plan</li> </ul> <p>Program Fidelity Assessments conducted to ensure consistent programming across institutions</p> <p>Conduct research study according to evidence-informed practice through evidence-based practice criteria</p>	<p>Number completing each program component</p> <p>Number completing all components</p> <p>Successful transition out of correctional facilities</p> <p>Program Fidelity Assessments conducted at each institution annually</p> <p>Research conducted</p>	<p><b>Overall program outcomes:</b></p> <ul style="list-style-type: none"> <li>• Involved fathers</li> <li>• Safer communities</li> <li>• Valued children</li> </ul> <p><b>Inmate outcomes:</b> <i>Program participants as compared to a matched comparison group</i></p> <ul style="list-style-type: none"> <li>• Increased family contact</li> <li>• Lower recidivism rates</li> <li>• Higher parole success rate</li> <li>• Fewer misconduct reports and/or less serious misconduct reports</li> <li>• Successful transition out of correctional facilities</li> <li>• Qualify early for parole</li> <li>• Parole to home or family</li> <li>• Have better outcome in the following areas: housing, employment, and social supports</li> </ul> <p><b>Outcomes for Children</b></p> <ul style="list-style-type: none"> <li>• In school</li> <li>• At home</li> <li>• Out of trouble</li> </ul>	<p>Pre/Post Program Assessments for program components beginning with InsideOut Dad</p> <p>Follow-up surveys to caregivers of children (Daddy Day Visit participants)</p> <p>Corrections Data</p> <ul style="list-style-type: none"> <li>• Data will be compared to a similar group of prisoners matched on identifiable variables (i.e., control group)</li> </ul> <p>Program Fidelity Assessments</p>