

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES



Pete Ricketts, Governor

Division of Behavioral Health Prevention Directory

Helping People Live Better Lives

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DHHS- Division of Behavioral Health

Prevention System

Vision:

Develop a sustainable and effective prevention system that is committed to the reduction of substance misuse and its related consequences and the promotion of mental health.

Mission :

Promote safe and healthy environments that foster youth, family, and community development through the implementation of early intervention and substance abuse and mental health prevention best practices.

Substance Abuse Prevention Behavioral

Health Regions:

Region 1:

Including Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill, Scotts Bluff, Sheridan, and Sioux counties.

Region 2:

Including Arthur, Chase, Dawson, Dundy, Frontier, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, McPherson, Perkins, Red Willow and Thomas counties.

Region 3:

Including Adams, Blaine, Buffalo, Clay, Custer, Franklin, Furnas, Garfield, Greeley, Hall, Hamilton, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Sherman, Valley, Webster and Wheeler counties.

Region 4:

Including Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston and Wayne counties.

Region 5:

Including Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer and York counties.

Region 6:

Including Cass, Dodge, Douglas, Sarpy and Washington counties.

Nebraska Prevention Coalitions

Region 1

Jessica Haebe, Regional Prevention Coordinator

4110 Avenue D

Scottsbluff, NE 69361

Phone: 308-633-7119

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Banner County Prevention n Coalition

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Garden County Coalition

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Lewellen, NE 69147

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Box Butte County Family Focus

Amanda Mittan

Panhandle Public Health District

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Alliance, NE 69301

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Kids Plus, Inc. (Cheyenne County)

Cassie Challburg

PO Box 296

Sidney, NE 69162

Email: cdchallburg@hotmail.com

Dawes/Sioux Family Preservation Team

Sandy Roes

300 Shelton Street

Chadron, NE 69337

Phone: 308-432-2747 Ext.104

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Monument Prevention Coalition (Scotts Bluff County)

Lanette Richards

1601 East 27th Street

Scottsbluff, NE 69361

Phone: 308-635-6162

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Deuel County Prevention Team

Judy Soper

20725 Road 4

Big Springs, NE 69122

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Morrill County Prevention Coalition

Lanette Richards

PO Box 1086

Bridgeport, NE 69336

Phone: 308-635-6162

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Sheridan Community Prevention Team

Ward Wacker

105 Loofborrow

PO Box 329

Rushville, NE 69360

Phone: 308-327-2312

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Region 2

Shannon Sell, Regional Prevention Coordinator

110 North Bailey

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Citizen's Drug & Alcohol Forum

PO Box 1208

North Platte, NE 69103

Phone: 308-354-0440

Rooted in Relationships— Dawson County

Patti Mahrt-Roberts

3303 Country Club Lane

Kearney, NE 68845

Phone: 308-627-8346

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Community Connections

Jayna Schaaf

301 West F St.

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North Platte, NE 69103

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Rooted in Relationships—Keith County

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Southwest Nebraska Child Advocacy Team

Kathy Haas

Southwest Child Advocacy Team

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Region 3

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Area Substance and Alcohol Abuse Prevention (ASAAP)

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Hamilton County Cope

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Buffalo County Positive Pressure Coalition

Denise Zwiener

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Howard County Substance Abuse Coalition

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Central NE Council Alcoholism Addiction

Connie Holmes

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Merrick County MAPS

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Garfield-Loup-Wheeler (GLW) Children's Council Inc.

Trisha Crandall

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Phelps County Safe Communities Coalition

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Prevention Project (Previously: Grand Island Substance Abuse Prevention Coalition)

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UNK Alcohol Task Force

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Sherman County Prevention Coalition

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Region 4

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Antelope County Does Care (ACDC)

Carol Doolittle
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Elkorn Logan Valley Public Health Department Heather Drahota 2104 21st Circle PO Box 779 Wisner, NE 68791 Phone: 402-529-2233 Email: heather@elcphd.org	Juvenile Awareness Group (JAG) Carol Doolittle 200 South Lincoln Street West Point, NE 68791 Phone: 402-372-6010 Email: diversion@cumingcounty.ne.gov
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Region 5

Sandy Morrissey, Regional Prevention Coordinator

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Butler County Community Coalition Chad Denker 750 D Street David City, NE 68632 Phone: 402-367-4590 Email: denker@dcshouts.org	Filmore County Coalition Jill Kuzelka 995 Hwy 33, Ste 1 Crete, NE 68361 Phone: 402-826-3880 Email: jkuzelka@phsneb.org
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Gage County MAPS Coalition

Christina Lyons
 320 North 5th Street
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Saline County CURB Prevention Coalition

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Jefferson Community Coalition

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Seward County Prevention Coalition

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Lancaster County Community Group

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Southeast District Prevention Partnership

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Prevention Means Progress (Previously: Partners for Meth Prevention)

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Dillion's House

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Nebraska Tobacco Prevention Coalitions

Tobacco Free Nebraska

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Panhandle Prevention Coalition

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Cass County

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MOTAC– Metro Omaha Tobacco Action Coalition

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Tobacco Free Lancaster County

Christina Hitz
 Lincoln-Lancaster County Health Department
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Tobacco Free Lincoln County George Haws Community Connections P.O. Box 852 North Platte, NE 69103 Phone: 308-696-3356 Email: tflc@communityconnectionsnc.org	TEAM—Tobacco Education & Advocacy of the Midlands Autumn Burns—Sarpy County CHI Health Midlands Papillion, NE 68046 11111 South 84th Street Phone: 402-593-3647 Email: autumn.burns@alegent.org
Tobacco Free Platte County Jaime Rodriguez East Central District Health Department 4321 41st Avenue Columbus, NE 68602 Phone: 402-563-9656 Email: jrodriguez@ecdhd.ne.gov	

Nebraska Suicide Prevention Resources

Blue River LOSS Team Phone: 402-806-5551	Grand Island/Hastings Area LOSS Team COMING SOON
Central Nebraska/Kearney LOSS Team Phone: 308-217-0359	Lincoln/Lancaster County LOSS Team Phone: 402-440-1633
Chadron LOSS Team Phone: 308-225-3861	Nebraska State Suicide Prevention Coalition Dr. Dave Miers Phone: 402-481-5165 Email: dave.miers@bryanhealth.org
Columbus Area LOSS Team Phone: 402-360-5004	Norfolk Area LOSS Team Phone: 402-750-8148
Four Corners LOSS Team Phone: 402-710-2161	Omaha Metro Area LOSS Team Phone: 402-891-6911

Panhandle LOSS Team COMING SOON	Region 5 Sandy Morrissey 1645 N Street, Suite A Lincoln, NE 68508 Phone: 402-441-4368 Email: smorrissey@region5systems.net
Region 1 4110 Avenue D Scottsbluff, NE 69361 Jessica Haebe Phone: 308-633-7119 Email: jhaebe@region1bhs.net	Region 6 Crystal Fuller 4715 South 132nd Street Omaha, NE 68137 Phone: 402-546-1192 Email: cfuller@regionsix.com
Region 2 Shannon Sell 110 North Bailey PO Box 1209 North Platte, NE 69103 Phone: 308-534-6029 Email: shannonsell@r2hs.com	Southwest Nebraska LOSS Team Phone: 308-221-0143
Region 3 Jessica Schlegelmilch 4009 6th Avenue, Suite 65 Kearney, NE 68845 Email: jschlegelmilch@region3.net	University of Nebraska Public Policy Center Denise Bulling 215 Centennial Mall South, Suite 401 Lincoln, NE 68588 Phone: 402-472-5678 Email: dbulling@nebraska.edu
Region 4 Ann Koopman 206 Monroe Avenue Norfolk, NE 68701 Phone: 402 Email: akoopman@region4bhs.org	

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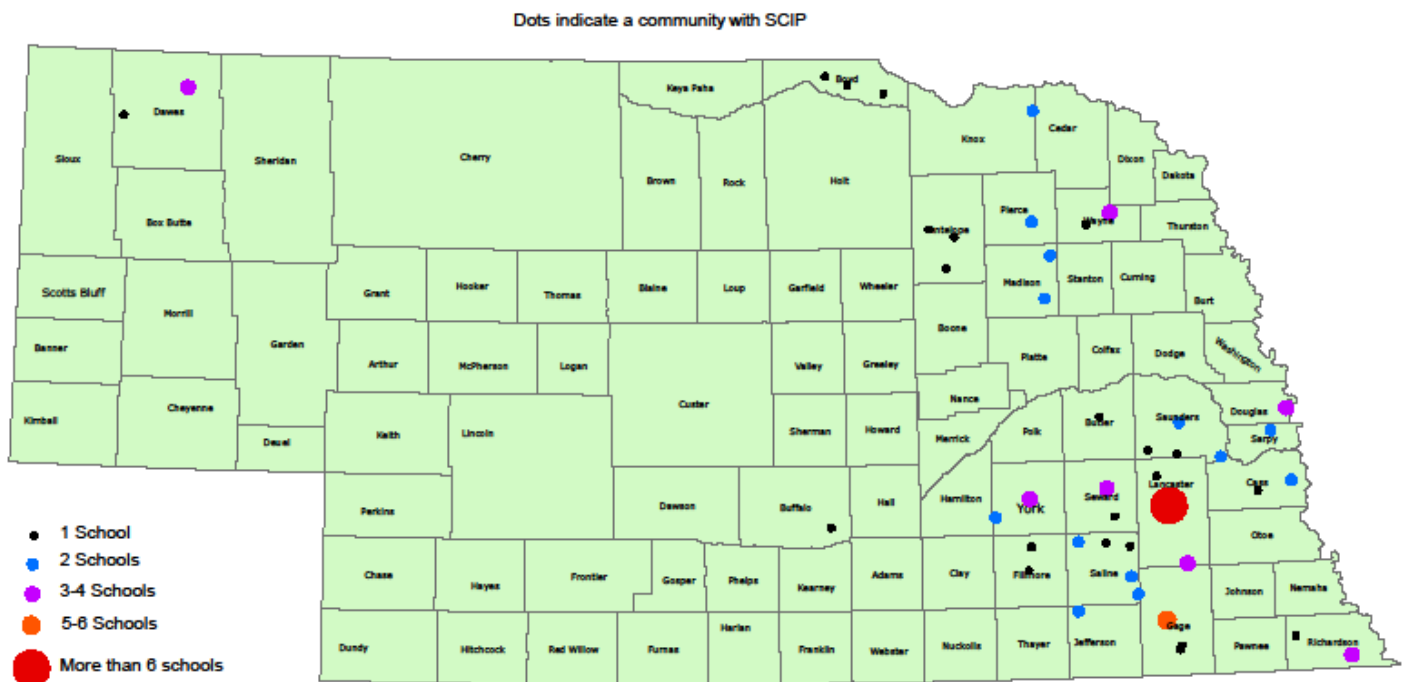
Email: civory@lmep.com

Michaela Emmons

Phone: 402-327-6843

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Communities with schools supported through SCIP across Nebraska



NEBRASKA
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 DEPT. OF HEALTH AND HUMAN SERVICES

24-HOUR Crisis Lines

Blue Valley Crisis Line (Rural only).....	1-877-409-6600
CenterPointe Crisis Line (Lincoln, NE).....	402-475-6695
Child/Adult/Elder Abuse.....	1-800-652-1999
Crisis Text Line.....	741741
National Drug Helpline.....	1-888-975-8435
National Suicide Hotline.....	1-800-273-8255
Nebraska Family Helpline.....	888-860-8660
Nebraska Rural Response Helpline.....	800-464-0258
SAMHSA National Helpline.....	800-464-0258
The Boys Town National Hotline.....	800-448-3000
Veterans Crisis Line.....	1-800-273-8255 Text 838255
YouthLine.....	Text teen2teen to 839863 or call 1-877-968-8491

Frequently Used Terms

Prevention

“Prevention is the active process of creating conditions or attributes that promote the wellbeing of people.” - William Lofquist

Primary Prevention

Programs and services that are directed at individuals who have not been determined to require treatment for substance abuse.

Substance Abuse Prevention

Interventions that are delivered prior to the onset of a disorder and are intended to prevent or reduce the risk of developing a substance abuse problem, such as underage alcohol use, prescription drug misuse and abuse, and illicit drug use.

Mental Health Promotion

Any action taken to maximize mental health and well-being among populations and individuals.

Mental Illness Prevention

Interventions that are designed to directly reduce the incidence of mental disorders, high risk precursors of disorders, and adverse consequences of precursors and/or early manifestations of the disorders themselves.

Community Coalition

A community-based organization of individuals representing diverse organizations, factions or constituencies who agree to work together in order to achieve a common goal. The coalition’s work includes identification of prevention services and/or strategies designed to specifically reduce or delay the onset of substance abuse.

Prevention Provider

An individual or agency who directly provides a specific community population or target group with prevention information, resources and expertise.

Promising Practice

Programs that have been assigned either a Proven or a Promising rating, depending on whether they have met certain evidence criteria.

Evidence-Based Practices

Refers to a set of prevention activities that evaluation research has shown to be effective and one that has been included in one or more of the three categories:

- Included in federal registries of evidence-based interventions;
- Reported (with positive effects on the primary targeted outcome) in peer-reviewed journals; or
- Documented effectiveness supported by others sources of information and the consensus judgement of informed experts.

Risk Factors

Characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of problem outcomes.

Protective Factors

Characteristics associated with a lower likelihood of problem outcomes or that reduce the negative impact of a risk factor on problem outcomes.